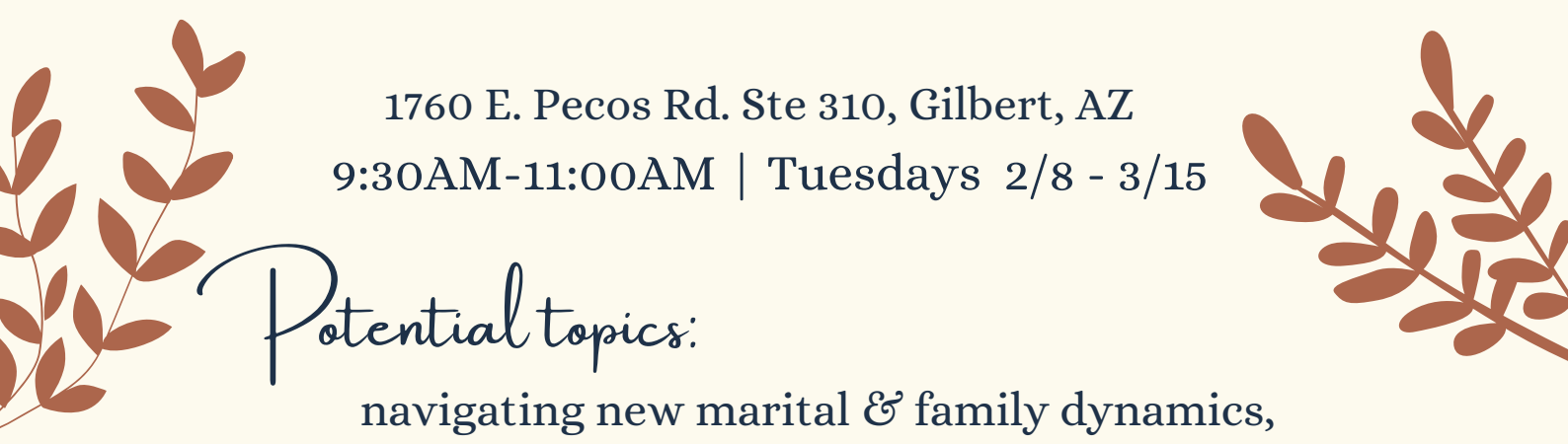


Gilbert Psychological Services
presents our

NEW MOMS SUPPORT GROUP

A six-week, confidential group, hosted by a marriage & family therapist. Planned, weekly discussion topics on all things postpartum and parenting. Ideal for moms in their first year of parenthood. Infants are welcome.



1760 E. Pecos Rd. Ste 310, Gilbert, AZ
9:30AM-11:00AM | Tuesdays 2/8 - 3/15

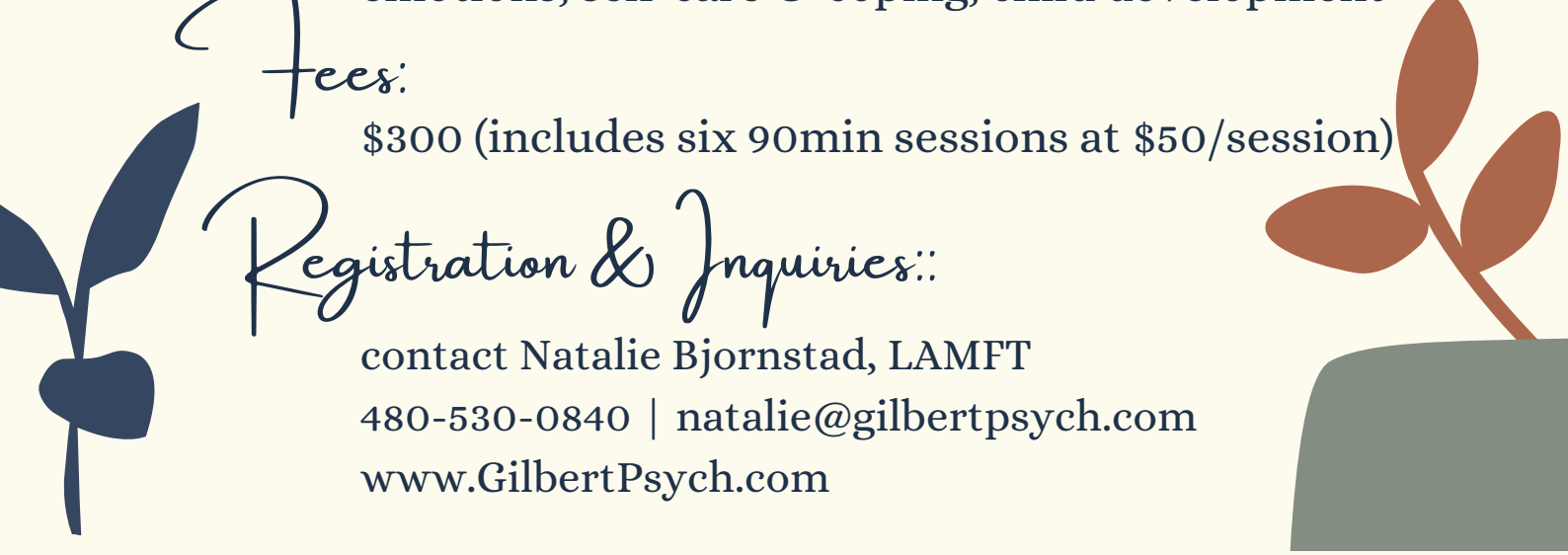
Potential topics:

navigating new marital & family dynamics,
parenting successes & struggles, postpartum
emotions, self-care & coping, child development

Fees:

\$300 (includes six 90min sessions at \$50/session)

Registration & Inquiries::



contact Natalie Bjornstad, LAMFT
480-530-0840 | natalie@gilbertpsych.com
www.GilbertPsych.com